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INJURY AND DISABILITY LAWYERS

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April Newsletter 2021

www.kalfusnachman.com

Page 1

April 2021, Vol 70



Your April Message From Attorney Paul Hernandez



[Click here to play the video](#)

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We service Virginia and
North Carolina

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No Handheld Phones and Driving: It's the Law

After a six-month education period, a new law went into effect as of Jan. 1, 2021: It is now illegal to hold a handheld personal communications device (e.g., a smartphone) while driving a moving motor vehicle on the highways in Virginia.

This law is in response to an exceptionally high number of accidents caused by distracted driving in the state of Virginia. Advocates for Highway and Auto Safety found Virginia to be one of 11 states considered "dangerously behind" in driving safety laws.

You can still talk on your cellphone if it is hands-free. There are also some exceptions to the law such as if you are lawfully parked or you are using your handheld phone to report an emergency.

Violating the law is punishable as follows:

- First offense: fine of \$125
- Second and subsequent offenses: fine of \$250
- Breaking the law in a highway work zone is punishable by a mandatory \$250 fine.

You can learn more about this new law at [Drive Smart Virginia](#).



April is Distracted Driving Awareness Month

Distracted Driving Awareness Month is an event we at Kalfus & Nachman PC in Virginia strongly support. Using a handheld cell phone, as discussed above, is a major cause of car accidents but other types of distracted driving are equally as dangerous. Some of these include:

- Adjusting the radio
- Fiddling with the GPS
- "Rubbernecking" an accident or other event going on around you
- Applying makeup or other grooming activity
- Eating

In 2019 the National Highway Safety and Transportation Administration (NHSTA) showed that over 3,100 traffic fatalities were caused by distracted driving. Additional studies revealed that 80% of all crashes and 65% of all near crashes involve driver inattention within 3 seconds of the crash.



Just Drive

How can you help change these statistics? Our Attorney Paul Hernandez has supported Distracted Driving Awareness Month in several ways. He has spoken to over 10,000 students about the potential dangers of distracting driving. He has also appeared on the Hampton Roads Show to offer tips to viewers on safe driving.

You too can commit to reducing distracted driving risks. For starters, take the National Safety Council's "Just Drive" Pledge. Some other ways include:

- Model good behavior for the teen and soon-to-be drivers in your family. Children emulate what they see their parents do so make sure you're not using your phone (unless it's hands-free), trying to grab out-of-reach items, or taking your eyes off the road for any reason.
- If the phone is too big a temptation, turn it off or put it in the back seat.
- Set your alarm 15 minutes earlier so you can have breakfast and finish grooming for work before you leave home.
- Set up your GPS before you start driving.

....continued on page 3

....continued from page 2 **April is Distracted Driving Awareness Month**

For more information, contact [End Distracted Driving](#) and the [National Safety Council](#).

If you or a family member has been injured in a [pedestrian accident](#), [bicycle accident](#), or [car accident](#) or any [personal injury](#), or has been denied [Social Security Disability benefits](#), it's important to get an attorney experienced in these types of cases involved immediately. Call **800-361-0430** for your initial free consultation. [Kalfus & Nachman PC, Personal Injury Attorney in Norfolk](#), can help you determine whether you need a lawyer for any personal injury case.

DISTRACTED DRIVING QUIZ



CIRCLE THE 4 PICTURES THAT ARE EXAMPLES OF **DISTRACTED DRIVING**



Were You a Pro at Identifying Distracted Drivers?



Request your lanyard today at mlm@knlegal.com
Subject: Lanyard

Kalfus & Nachman will send you a lanyard as your daily reminder not to drive distracted.

**Take The Pledge and Immediately
Receive a Personalized Printable Certificate!**



TAKE THE PLEDGE

The fight to end distracted driving starts with you. Make the commitment to drive phone-free today

Distracted driving kills and injures thousands of people each year. I pledge to:

- Protect lives by never texting or talking on the phone while driving.
- Be a good passenger and speak out if the driver in my car is distracted.
- Encourage my friends and family to drive phone-free.



[Click Here to Take The Pledge](#)



Through the help of our local schools, we have been able to present to over 10,000 high school students in Hampton Roads. We are a Proud Sponsor of Endddd.org. visit: <https://www.endddd.org/> for more information.

You Have to See This to Believe it!

Kalfus & Nachman
Attorneys at Law

**One Garbage Truck
Driver's Excuse for
T-Boning My Client...**



Kalfus & Nachman

IS PARTNERING WITH
adPT
portsmouth humane society



K&N Furry Friends

Meet Vudu! Vudu is about 7 years old and loves to be treated like royalty. Her foster mom reports that she sleeps with her head on the bed pillow every night and fusses if she's expected to sleep anywhere else. Vudu's foster home has two other dogs and cats, and she gets along well with all of them! Vudu loves to be heard. If you don't give her enough attention, she'll howl at you like a little husky. Vudu's tongue is always hanging out of her mouth - even when she closes it!

A promotional graphic for a Mother's Day contest. The background is a teal color with a decorative border of colorful flowers and leaves. In the center, a white-bordered box contains the following text:

**It's Our
Mother's Day Contest!**

Win Flowers for Mom
Delivered to her door

8 lucky winners!
Value \$75-100 including delivery

At the bottom of the graphic, there is a red button with the text "Click Here To Enter".



Ashley W.



Nadine R.



LAW TIGERS[®]
MOTORCYCLE LAWYERS



Last weekend Law Tigers participated in the 2nd round of the Virginia Championship Hare Scramble Series at Charlotte Courthouse. It was a muddy race but a good time for all those involved!

April is shaping up to be an exciting month for us. This coming weekend we are sponsoring the "RVA Food Ride" with the "Freedom Kingz MC" to raise money for Feedmore Foodbank of Virginia. We are also supporting a Fundraiser with the VFW Riders to raise funds for one of their terminally ill members with cancer.

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Next weekend we are supporting the first-ever RVA Flat Track event at the Capitol City Speedway. A flat track motorcycle racing event with classes for riders of every skill level and age, ranging from pewee to professional.

We are title sponsors of the "Outer Banks Bike Fest" April 22-25 in Mann's Harbor, NC. The event will feature "The Wall of Death," a vintage daredevil motorcycle show, live music, biker games, antique motorcycle show, bikini contest, a \$1300 poker run. All of the event proceeds will go to the Dare County Motorsports Charity Group, benefiting Dare County's underprivileged children during Christmas.

The last weekend of April, we will be supporting the American Motorcycle Field Racing Association (AMFRA) at the Muddy Motorsports Park. A grassroots racing association celebrating the passion for American Made motorcycles and racing.

SAVE THE DATE

OUTER BANKS BIKE RALLY 2021

APRIL 21-24

WALL OF DEATH
AT VERTIGO TATTOO 7594 SHIPYARD RD. MANS HARBOR

\$1000 POKER RUN
ON APRIL 22, 2021

4 DAYS OF MAYHEM

Ole school biker games
Vendors, Bands
April 24th, \$1000 Bikini Contest
Vintage Harley Bike Show

OUR AWESOME SPONSORS INCLUDE:

MONTY HILL RACING
THE WORLD'S ONLY 6-8 TOP RACE SUTURE

Law Tigers Motorcycle Lawyers

AMFRA

American Motorcycle Field Racing Association

2021 Corona Field Meet

April 30
May 1 & 2

Muddy Motorsports Park

Caratoke Hwy Poplar Branch NC

More info: [AMFRA on FB](#) or [AMFRA1.com](#)

Law Tigers Motorcycle Lawyers

PRIMITIVE CAMPING AVAILABLE

APRIL 18TH & 17TH OF 2021 CAPITAL CITY SPEEDWAY ASHLAND, VIRGINIA

FLAT TRACK RACING IS BACK IN VIRGINIA

CAPITAL CITY SPEEDWAY
11667 JOHNSON ROAD
ASHLAND, VA 23005

ADMISSION 15\$

FRIDAY 4/16
SATURDAY 4/17

GATES OPEN AT 3PM
PRACTICE FROM 5PM - 9PM

JOHN NICKENS 804.245.1383
MIKE HACKER 804.586.6117

GATES OPEN AT 12PM (RACERS ONLY)
PRACTICE AT 3PM (RACERS ONLY)
GATES OPEN TO SPECTATORS AT 5PM
HEAT RACES AT 6PM
MAIN EVENT IMMEDIATELY AFTER HEAT RACES



What Our Clients Are Saying About Us



I chose the BEST Law Firm for my workers' compensation case and they won my case!!!!

"I was injured on my job performing a mandatory activity in my job. My employer denied my workers' compensation claim. I did research online on the law firms in my area who specialize in worker's compensation cases. I also saw T.V. commercials for Kalfus & Nachman. The information online, the testimonials, and reviews from previous clients made Kalfus & Nachman the BEST choice for me in a law firm. They have the years of experience needed, hard working professional attorneys, paralegals and other staff who truly care about their clients and want to give them justice and compensation. My beloved father died in December from COVID 19 and they even sent a beautiful floral arrangement with a card expressing their sympathies and condolences to me and my family. J. Brian Slaughter, my outstanding attorney and Laurie T. Marsh, my outstanding paralegal were in constant communication with me during my case through phone calls and emails. They showed me empathy, compassion and kindness through the entire process and are continuing to do so during the process of winning my workers compensation case! Words will never express the relief, gratitude and appreciation that I feel for Kalfus & Nachman and my legal dream team! I am extremely fortunate to have chosen Kalfus & Nachman and their AMAZING legal team to represent me and win my worker's compensation case!! God bless you all for what you have done for me and my family! JUSTICE PREVAILED, THANKS TO KALFUS AND NACHMAN AND MY LEGAL DREAM TEAM! Thank you from the bottom of heart to you all! Thank you, Thank you, Brian Slaughter and Laurie T. Marsh for your dedication, time and complete attention to my case and my needs as your client! Sincerely, Heidi M"

H Heidi M
1 week ago





Recipe of the Month

Strawberry-Lime Bars

A fun and different way to use fresh strawberries.

Ingredients

- 2 cups finely crushed pretzels (about 6 ounces)
- 3/4 cup sugar, divided
- 3/4 cup butter, melted
- 2 cups boiling water
- 1 package (6 ounces) strawberry gelatin
- 1 pound fresh strawberries, chopped
- 2 packages (8 ounces each) cream cheese, softened
- 1 tablespoon grated lime zest
- 1/4 cup lime juice
- 1 teaspoon vanilla extract

Directions

1. Preheat oven to 350°. Place crushed pretzels and 1/4 cup sugar in a small bowl; stir in melted butter. Spread out in an ungreased 15x10x1-in. baking pan. To toast, bake until golden brown, 9-11 minutes. Cool completely.
2. Meanwhile, in a bowl, add boiling water to gelatin; stir 2 minutes to completely dissolve. Gently stir in strawberries. Cool slightly. Refrigerate 30 minutes.
3. In a large bowl, beat cream cheese, lime zest, lime juice, vanilla and remaining sugar until blended. Stir in cooled pretzel mixture. Spread into an ungreased 13x9-in. baking pan. Top with strawberry mixture. Refrigerate, covered, 2 hours or until firm.



Thank You **FOR YOUR REFERRAL**

The highest compliment you can provide to our business is to recommend those colleagues, friends and family whom you feel might benefit from our services. If you know of someone, please feel free to forward our contact information and website (www.KalfusNachman.com) or let us know directly and we'd be happy to set up a meeting. Thank you.

Always have our number handy!

Add our Number to your contacts with a **Simple Click**

ADD OUR NUMBER TO YOUR PHONE



Save to your Android 

1. Tap Link Below
2. Tap "Download"
3. Tap "Open"
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1. Tap Link Below
2. Tap "Create New Contact"



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 1322 Plantation Road
 Roanoke, VA 24012

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 Newport News, VA 23601

Legal Matters May 6th and May 27th



Tune in for a double dose of Legal Matters on WAVY and FOX at 10 AM & 11 AM

Case by Case May 5th and May 19th



Case by Case on WTKR News Channel 3 @ 10 am

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